

The two-component Mott insulator as an emulator of quantum magnetism

Georgios A. Siviloglou

MIT-Harvard Center for Ultracold Atoms,
Research Laboratory of Electronics and Department of Physics,
Massachusetts Institute of Technology, Cambridge MA 02139

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Bose-Hubbard Hamiltonian for a two-component system:

$$H = - \sum_{\langle ij \rangle \sigma} \left(J_{\mu\sigma} a_{i\sigma}^\dagger a_{j\sigma} + H.c. \right) + \frac{1}{2} \sum_{i,\sigma} U_\sigma n_{i\sigma} (n_{i\sigma} - 1) + U_{\uparrow\downarrow} \sum_i n_{i\uparrow} n_{i\downarrow}$$

2CMI $\longrightarrow$ **anisotropic-XXZ Heisenberg Hamiltonian:**

$$H = \sum_{\langle i,j \rangle} \left[\lambda_{\mu z} S_i^z S_j^z \pm \lambda_{\mu\perp} (S_i^x S_j^x + S_i^y S_j^y) \right]$$

Tunable experimental parameters:

$$\lambda_{\mu z} = \frac{J_{\mu\uparrow}^2 + J_{\mu\downarrow}^2}{2U_{\uparrow\downarrow}} - \frac{J_{\mu\uparrow}^2}{U_{\uparrow}} - \frac{J_{\mu\downarrow}^2}{U_{\downarrow}}$$

$$\lambda_{\mu\perp} = \frac{J_{\mu\uparrow} J_{\mu\downarrow}}{U_{\uparrow\downarrow}}$$

- 1 Motivation
- 2 Ultracold atoms in optical lattices and the Bose-Hubbard model
- 3 Two-component Mott insulator and quantum magnetism
 - The XXZ- Heisenberg Hamiltonian
 - Emulating magnetic phase transitions
- 4 Early experiments
- 5 Our approach

Why Quantum Magnetism?

Simulation of spin Hamiltonians

Ferromagnetic phases

- Spin dynamics
- Proof-of-principle

Antiferromagnetic phases

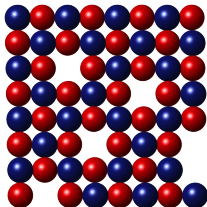
- Frustration
- Spin liquids
- RVB states
- High- T_c superconductivity $\leftrightarrow$ frustrated AF

Can these be modeled with atoms in optical lattices?

Condensed matter and dilute ultracold gases

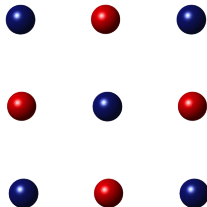
Normal matter (electrons in ionic lattice)

- Tightly packed atoms
- Complicated interactions
- Fixed parameters



"Artificial" matter (atoms in optical lattices)

- 10^8 times lower density
- Tunable interactions
- Controllable parameters



Relative Scales

	YBCO	Rb in YAG lattice
Lattice Constant	10^{-9} m	5×10^{-7} m
Site Density	10^{21} cm $^{-3}$	10^{13} cm $^{-3}$
Interaction U	600 THz	700 Hz
Tunneling J	100 THz	20 Hz
Exchange J^2/U	1500 K	5×10^{-11} K
Néel temperature	300 K	2×10^{-10} K

Anisotropic-XXZ Heisenberg Hamiltonian:

$$H = \sum_{\langle i,j \rangle} \left[\lambda_{\mu z} S_i^z S_j^z \pm \lambda_{\mu \perp} (S_i^x S_j^x + S_i^y S_j^y) \right] - B_z \sum_i S_i^z$$

- Fermions in harmonic traps
- Ultracold polar molecules in optical lattices
- Trapped ions
- Bosons in optical lattices (number or spin sector)

G. Jo *et al.*, Science, **325**, 1521 (2009)

A. V. Gorshkov *et al.*, Phys. Rev. Lett., **107**, 115301 (2011)

K. Kim *et al.*, Nature, **465**, 590 (2010)

J. Simon *et al.*, Nature, **472**, 307 (2011)

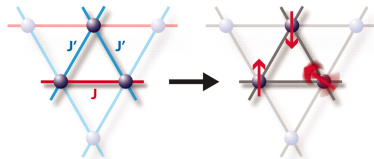
L. Duan, E. Demler, and M. Lukin, Phys. Rev. Lett., **91**, 090402 (2003)

Quantum emulation of classical magnetism

Classical vector spin:

$$S_i = [\cos(\theta_i), \sin(\theta_i)]$$

$$E(\{\theta_i\}) = - \sum_{\langle i,j \rangle} J_{ij} \cos(\theta_i - \theta_j) = - \sum_{\langle i,j \rangle} J_{ij} S_i \cdot S_j$$



- Matrix elements J_{ij} assume the role of the spin-spin coupling
- $J_{ij} > 0$: ferromagnetic, $J_{ij} < 0$: antiferromagnetic
- No need for superexchange interaction permits higher temperatures

Gross-Pitaevskii equation

Time-dependent

$$i\hbar \frac{\partial \Psi(\mathbf{r}, t)}{\partial t} = \left(-\frac{\hbar^2}{2m} \nabla^2 + V(r) + g |\Psi(\mathbf{r}, t)|^2 \right) \Psi(\mathbf{r}, t)$$

Time-independent

$$\mu \Psi(\mathbf{r}) = \left(-\frac{\hbar^2}{2m} \nabla^2 + V(r) + g |\Psi(\mathbf{r})|^2 \right) \Psi(\mathbf{r})$$

Chemical potential can be determined when we know the number of atoms $N = \int |\Psi(\mathbf{r})|^2 d^3r$

$$g = \frac{4\pi\hbar^2\alpha_s}{m}$$

$\alpha_{Rb} = +5.2nm$ (repulsive) and $\alpha_{Li} = -1.45nm$ (attractive)*.

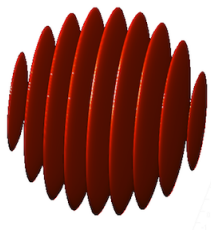
*Dalfovo *et al.*. Rev. Mod. Phys. **71**, 463 (1999)

Dipole traps for optical lattices

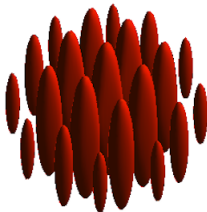
$$V(x, y, z) = \sum_{i=\{x,y,z\}} \left[V_i \cos^2 \left(\frac{\pi}{L_i} i \right) + \frac{m}{2} \omega_i^2 i^2 \right]$$

For a far detuned optical lattice potential:

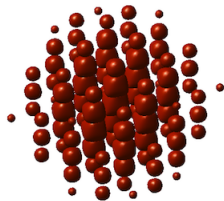
$$\frac{V_{lat}}{E_r} = \frac{2m}{\hbar^2 k^2} \frac{3\pi c^2}{2\omega_0^3} \frac{\Gamma}{\Delta} \frac{2P}{\pi w_0^2}$$



1-D



2-D



3-D

The Bose-Hubbard Hamiltonian

$$H = \int \psi^\dagger(r) \left(-\frac{\hbar^2}{2m} \nabla^2 + V_{latt}(r) + V_{trap}(r) \right) \psi(r) d^3r + \frac{2\pi\alpha_s\hbar^2}{m} \int \psi^\dagger(r)\psi^\dagger(r)\psi(r)\psi(r) d^3r$$

The **Bose-Hubbard Hamiltonian**:

$$H = -J \sum_{\langle i,j \rangle} a_i^\dagger a_j + \sum_i \epsilon_i \hat{n}_i + \frac{U}{2} \sum_i \hat{n}_i (\hat{n}_i - 1)$$

$\hat{a}_j$ and $\hat{a}_j^\dagger$: annihilation and creation operators.

$\hat{n}_j = \hat{a}_j^\dagger \hat{a}_j$ is the number operator

J is the tunneling energy

U is the interaction energy due to s -wave scattering

M. P. A. Fisher *et al.*, Phys. Rev. B, **40**, 546 (1989)

D. Jaksch *et al.*, Phys. Rev. Lett., **81**, 3108 (1998)

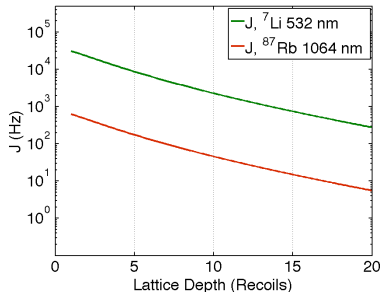
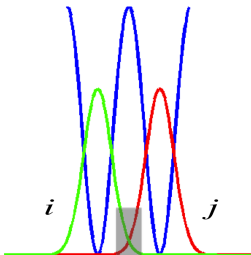
The tunneling energy J

Hopping term:

$$H = -\frac{J}{2} \sum_{\langle i,j \rangle} (a_i^\dagger a_j + a_i a_j^\dagger)$$

Tunneling matrix element

$$J = \int w^*(x - x_i) \left[-\frac{\hbar^2}{2m} \nabla^2 + V_{latt} \right] w(x - x_j) d^3x$$



The interaction energy U

Self-interaction term:

$$H = \frac{U}{2} \sum_i \hat{n}_i (\hat{n}_i - 1)$$

This term deviates from G-P treatment for low $\langle n \rangle$

On-site interaction:

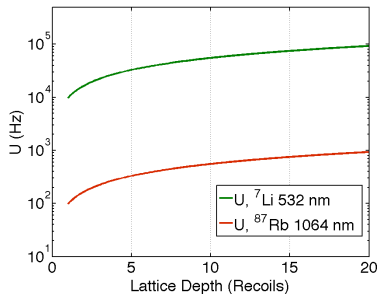
$$U = \frac{4\pi\alpha_s\hbar^2}{m} \int |w(x)|^4 d^3x$$

For ^{87}Rb in a 1064nm lattice:

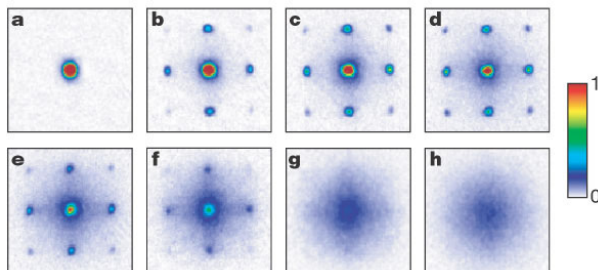
$$U_{\uparrow\uparrow} \approx U_{\downarrow\downarrow} \approx U_{\uparrow\downarrow}$$

and

$$\Lambda = \frac{\lambda_{\text{latt}}}{2} \gg \alpha_s$$



Superfluid to Mott insulator transition



- Pure condensate for $0E_r$
- For low lattice energies a coherent periodic wavefunction
- For higher energies discrete isolated atoms

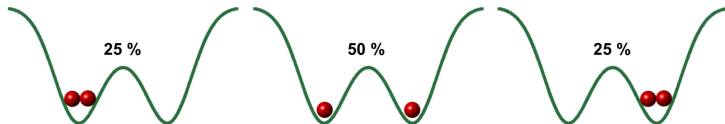
SF to MI in a double well

The **symmetric**: $|\phi_S\rangle = \frac{1}{\sqrt{2}}(|\phi_L\rangle + |\phi_R\rangle)$

The **anti-symmetric**: $|\phi_A\rangle = \frac{1}{\sqrt{2}}(|\phi_L\rangle - |\phi_R\rangle)$

Superfluid state:

$$\frac{1}{\sqrt{2}}(|\phi_L\rangle + |\phi_R\rangle) \otimes \frac{1}{\sqrt{2}}(|\phi_L\rangle + |\phi_R\rangle)$$



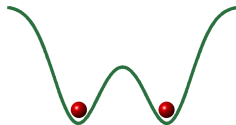
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The **symmetric**: $|\phi_S\rangle = \frac{1}{\sqrt{2}}(|\phi_L\rangle + |\phi_R\rangle)$

The **anti-symmetric**: $|\phi_A\rangle = \frac{1}{\sqrt{2}}(|\phi_L\rangle - |\phi_R\rangle)$

Mott insulator state:

$$\frac{1}{\sqrt{2}}(|\phi_L\rangle \otimes |\phi_R\rangle) + \frac{1}{\sqrt{2}}(|\phi_R\rangle \otimes |\phi_L\rangle)$$



Superfluid and phase coherence

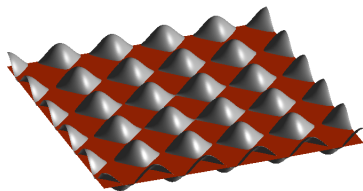
For $J \gg U$ the many-body ground state for a homogeneous system is then given by:

$$|\psi_{SF}\rangle_{U=0} \propto \left(\sum_{i=1}^M \hat{a}_i^\dagger \right)^N |0\rangle$$

- All atoms occupy the identical extended Bloch state.
- A macroscopic wavefunction with long-range phase coherence throughout the lattice.
- Poissonian density fluctuations: $\text{Var}(n_i) = \langle \hat{n}_i \rangle$

Superfluid and phase coherence

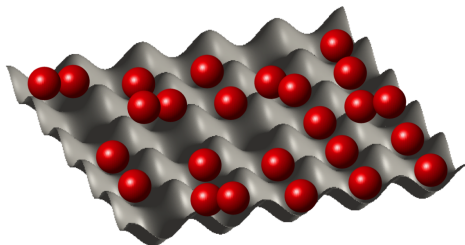
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Superfluid and phase coherence

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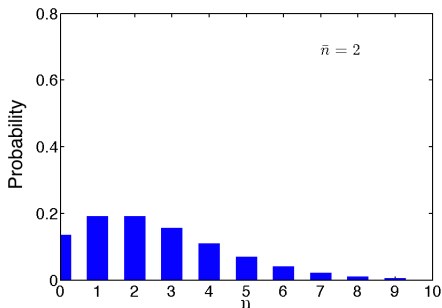
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- A macroscopic wavefunction with long-range phase coherence throughout the lattice.
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Density fluctuations and Poissonian statistics

$$|\Phi_i\rangle = \sum_{n=0}^{\infty} f_n^{(i)} |n\rangle \text{ and } \langle n\rangle = \sum_n n |f_n|^2$$

$$f_n = g^{\frac{n(n-1)}{2}} \frac{\bar{n}^{n/2}}{\sqrt{n!}}$$

Where g is a squeezing parameter depending on U/J .



Mott-insulator and number states

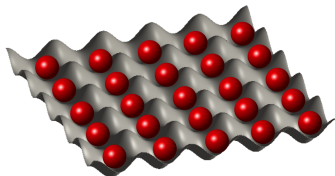
For $U \gg J$ localized atomic wavefunctions with a fixed number of atoms per site. The ground state of the many-body system is given by:

$$|\Psi_{MI}\rangle_{J=0} \propto \prod_{i=1}^M (\hat{a}_i^\dagger)^n |0\rangle$$

- Gross-Pitaevskii equation or Bogoliubov's theory do not apply
- Perfect correlations in the atom number exist between sites
- Phase coherence is lost (Coherent $\implies$ Fock states)

Mott-insulator and number states

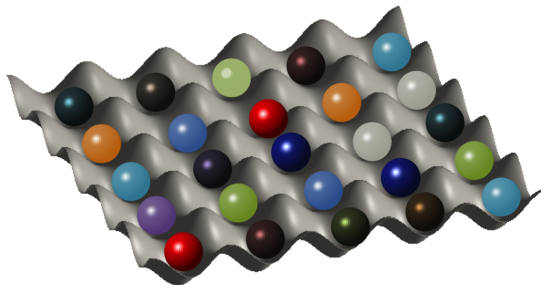
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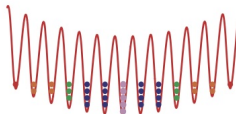
Mott-insulator and number states

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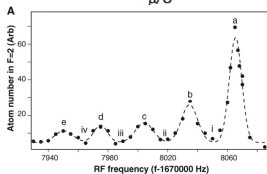
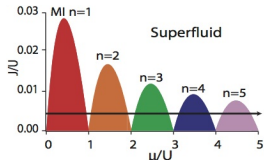


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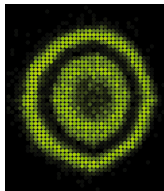
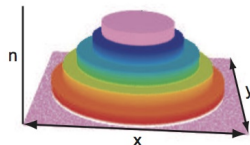
Phase diagram and the wedding cake



Phase diagram



Mott shells



G. K. Campbell *et al.*, Science, **313**, 649 (2006)

W. S. Bakr *et al.*, Science, **329**, 547 (2010)

The effect of temperature on the Mott insulator

On-site interaction energy: $E(n) = Un(n-1)/2$

Creating a particle costs energy: $E_{particle} = Un_0$

Creating a hole gives energy: $E_{hole} = -U(n_0 - 1)$

Partition function:

$$Z_0 = \sum_n \exp\left(-\frac{E(n) - \mu n}{k_B T}\right)$$

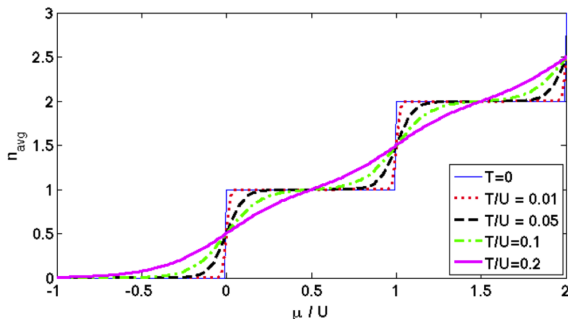
Local chemical potential μ :

$$\mu(r) = \mu_0 - \frac{m}{2}(\omega_x^2 x^2 + \omega_y^2 y^2 + \omega_z^2 z^2)$$

The effect of temperature on the Mott insulator

Particle-hole approximation:

$$\bar{n} \approx n_0 + (e^{-\frac{E_{\text{particle}} - \mu}{k_B T}} - e^{-\frac{E_{\text{hole}} + \mu}{k_B T}}) / Z_0$$



- For $T = 0$: $n_0 = \text{floor}(\mu/U) + 1$
- Melting temperature $T_m \approx 0.2U/k_B$
- Similar with binary system of spin-gradient thermometry

Two component Mott insulator

Bose-Hubbard Hamiltonian for a two-component system:

$$H = - \sum_{\langle ij \rangle \sigma} \left(J_{\mu\sigma} a_{i\sigma}^\dagger a_{j\sigma} + H.c. \right) + \frac{1}{2} \sum_{i,\sigma} U_\sigma n_{i\sigma} (n_{i\sigma} - 1) + U_{\uparrow\downarrow} \sum_i n_{i\uparrow} n_{i\downarrow}$$

Tunneling energy:

$$J_{\mu\sigma} \approx \left(\frac{4}{\sqrt{\pi}} \right) E_R^{1/4} V_{\mu\sigma}^{3/4} \exp \left[-2 \sqrt{\frac{V_{\mu\sigma}}{E_R}} \right]$$

Strong dependence on lattice depth

Two component Mott insulator

Bose-Hubbard Hamiltonian for a two-component system:

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Intraspecies interaction energies:

$$U_\sigma \approx \sqrt{8\pi} k \alpha_{s\sigma} (E_R \bar{V}_{x\sigma} \bar{V}_{y\sigma} \bar{V}_{z\sigma})^{1/4}$$

Interspecies interaction energy:

$$U_{\uparrow\downarrow} \approx \sqrt{8\pi} k \alpha_{s\uparrow\downarrow} (E_R \bar{V}_{x\uparrow\downarrow} \bar{V}_{y\uparrow\downarrow} \bar{V}_{z\uparrow\downarrow})^{1/4}$$

Spin average potential along each direction $\mu = x, y, z$:

$$\bar{V}_{\mu\uparrow\downarrow} = \frac{4 V_{\mu\uparrow} V_{\mu\downarrow}}{(V_{\mu\uparrow}^{1/2} + V_{\mu\downarrow}^{1/2})^2}$$

Two component Mott insulator and quantum magnetism

Bose-Hubbard Hamiltonian for a two-component system:

$$H = - \sum_{\langle ij \rangle \sigma} \left(J_{\mu\sigma} a_{i\sigma}^\dagger a_{j\sigma} + H.c. \right) + \frac{1}{2} \sum_{i,\sigma} U_\sigma n_{i\sigma} (n_{i\sigma} - 1) + U_{\uparrow\downarrow} \sum_i n_{i\uparrow} n_{i\downarrow}$$

2CMI $\longrightarrow$ **anisotropic-XXZ Heisenberg Hamiltonian:**

$$H = \sum_{\langle i,j \rangle} \left[\lambda_{\mu z} S_i^z S_j^z \pm \lambda_{\mu\perp} (S_i^x S_j^x + S_i^y S_j^y) \right]$$

Tunable experimental parameters:

$$\lambda_{\mu z} = \frac{J_{\mu\uparrow}^2 + J_{\mu\downarrow}^2}{2U_{\uparrow\downarrow}} - \frac{J_{\mu\uparrow}^2}{U_{\uparrow}} - \frac{J_{\mu\downarrow}^2}{U_{\downarrow}}$$

$$\lambda_{\mu\perp} = \frac{J_{\mu\uparrow} J_{\mu\downarrow}}{U_{\uparrow\downarrow}}$$

Derivation of the Heisenberg Hamiltonian

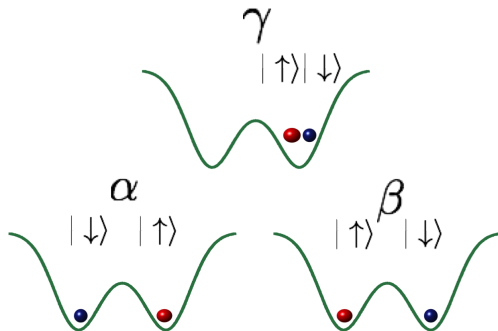
Basic assumptions:

- Second order perturbation theory in the parameter $t/U \ll 1$
- Half-filling
- Our lowest-order effective Hamiltonians will involve only on-site and nearest-neighbor interactions
- Only the lowest one-particle state

$$\begin{aligned} H_{12} &= H_{interaction} + H_{tunneling} = H_{12}^{(0)} + V_{12} = \\ &= \frac{1}{2} \sum_{i,\sigma,\sigma'} U_{\sigma\sigma'} n_{i\sigma} n_{i\sigma'} - \sum_{\sigma} \left(t_{\sigma} a_{1\sigma}^{\dagger} a_{2\sigma} + H.c. \right) \end{aligned}$$

Derivation of the Heisenberg Hamiltonian

$$(V'_{12})_{\alpha\beta} = - \sum_{\gamma} \frac{V_{\alpha\gamma} V_{\gamma\beta}}{E_{\gamma} - (E_{\alpha} + E_{\beta})/2}$$



First order correction vanishes because we prohibit number changing tunneling:

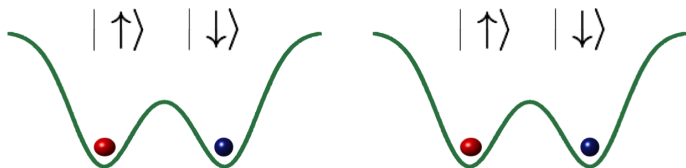
$$\langle g|V|g\rangle = 0$$

Derivation of the Heisenberg Hamiltonian

$$(V'_{12})_{\alpha\beta} = - \sum_{\gamma} \frac{V_{\alpha\gamma} V_{\gamma\beta}}{E_{\gamma} - (E_{\alpha} + E_{\beta})/2}$$

Matrix elements in terms of creation and annihilation operators:

$$\langle \uparrow\downarrow | V' | \uparrow\downarrow \rangle = - \frac{t_{\uparrow}^2}{U_{\uparrow\downarrow}} a_{1\uparrow}^{\dagger} a_{2\uparrow} a_{2\uparrow}^{\dagger} a_{1\uparrow}^{\dagger} - \frac{t_{\downarrow}^2}{U_{\uparrow\downarrow}} a_{2\downarrow}^{\dagger} a_{1\downarrow} a_{1\downarrow}^{\dagger} a_{2\downarrow}^{\dagger}$$

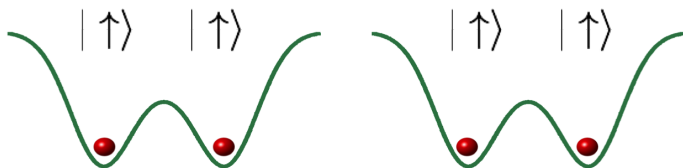


Derivation of the Heisenberg Hamiltonian

$$(V'_{12})_{\alpha\beta} = - \sum_{\gamma} \frac{V_{\alpha\gamma} V_{\gamma\beta}}{E_{\gamma} - (E_{\alpha} + E_{\beta})/2}$$

Matrix elements in terms of creation and annihilation operators:

$$\langle \uparrow\uparrow | V' | \uparrow\uparrow \rangle = - \frac{t_{\uparrow}^2}{U_{\uparrow\uparrow}} (a_{1\uparrow}^{\dagger} a_{2\uparrow} a_{2\uparrow}^{\dagger} a_{1\uparrow}^{\dagger} + a_{2\downarrow}^{\dagger} a_{1\downarrow} a_{1\downarrow}^{\dagger} a_{2\downarrow}^{\dagger})$$

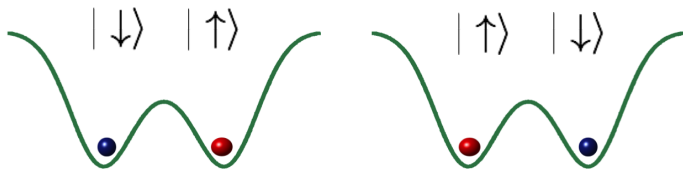


Derivation of the Heisenberg Hamiltonian

$$(V'_{12})_{\alpha\beta} = - \sum_{\gamma} \frac{V_{\alpha\gamma} V_{\gamma\beta}}{E_{\gamma} - (E_{\alpha} + E_{\beta})/2}$$

Matrix elements in terms of creation and annihilation operators:

$$\langle \downarrow\uparrow | V' | \uparrow\downarrow \rangle = - \frac{t_{\uparrow} t_{\downarrow}}{U_{\uparrow\downarrow}} (a_{1\downarrow}^{\dagger} a_{2\downarrow} a_{2\uparrow}^{\dagger} a_{1\uparrow} + a_{2\uparrow}^{\dagger} a_{1\uparrow} a_{1\downarrow}^{\dagger} a_{2\uparrow})$$

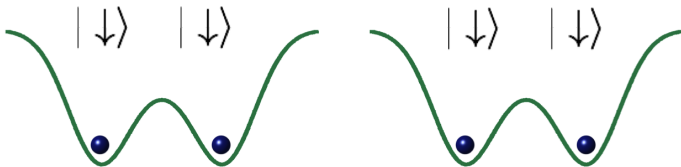


Derivation of the Heisenberg Hamiltonian

$$(V'_{12})_{\alpha\beta} = - \sum_{\gamma} \frac{V_{\alpha\gamma} V_{\gamma\beta}}{E_{\gamma} - (E_{\alpha} + E_{\beta})/2}$$

Matrix elements in terms of creation and annihilation operators:

$$\langle \downarrow\downarrow | V' | \downarrow\downarrow \rangle = -\frac{t_{\downarrow}^2}{U_{\downarrow\downarrow}} (a_{1\downarrow}^{\dagger} a_{2\downarrow} a_{2\downarrow}^{\dagger} a_{1\downarrow} + a_{2\downarrow}^{\dagger} a_{1\downarrow} a_{1\downarrow}^{\dagger} a_{2\downarrow})$$



If we now express the previous relationships with the use of the isospin operators:

$$S^x = a_{\uparrow}^{\dagger} a_{\downarrow} + a_{\downarrow}^{\dagger} a_{\uparrow}$$

$$S^y = -i(a_{\uparrow}^{\dagger} a_{\downarrow} - a_{\downarrow}^{\dagger} a_{\uparrow})$$

$$S^z = n_{\uparrow} - n_{\downarrow}$$

And on each site:

$$S^+ = (S^x + iS^y)/2$$

$$S^- = (S^x - iS^y)/2$$

$$B = \mu_{\uparrow} - \mu_{\downarrow}$$

Two component Mott insulator and quantum magnetism

Bose-Hubbard Hamiltonian for a two-component system:

$$H = - \sum_{\langle ij \rangle \sigma} \left(J_{\mu\sigma} a_{i\sigma}^\dagger a_{j\sigma} + H.c. \right) + \frac{1}{2} \sum_{i,\sigma} U_\sigma n_{i\sigma} (n_{i\sigma} - 1) + U_{\uparrow\downarrow} \sum_i n_{i\uparrow} n_{i\downarrow}$$

2CMI $\longrightarrow$ **anisotropic-XXZ Heisenberg Hamiltonian:**

$$H = \sum_{\langle i,j \rangle} \left[\lambda_{\mu z} S_i^z S_j^z - \lambda_{\mu \perp} (S_i^x S_j^x + S_i^y S_j^y) \right] - B_z \sum_i S_i^z$$

Tunable experimental parameters:

$$\lambda_{\mu z} = \frac{J_{\mu\uparrow}^2 + J_{\mu\downarrow}^2}{2U_{\uparrow\downarrow}} - \frac{J_{\mu\uparrow}^2}{U_{\uparrow}} - \frac{J_{\mu\downarrow}^2}{U_{\downarrow}}$$
$$\lambda_{\mu \perp} = \frac{J_{\mu\uparrow} J_{\mu\downarrow}}{U_{\uparrow\downarrow}}$$

Phase transitions in the XXZ model

$$H = \sum_{\langle i,j \rangle} \left[\lambda_{\mu z} S_i^z S_j^z - \lambda_{\mu \perp} (S_i^x S_j^x + S_i^y S_j^y) \right] - B_z \sum_i S_i^z$$

Trial wavefunctions:

- Antiferromagnetic Néel phase: $\langle S_i \rangle_{AF} = (-1)^i \hat{\mathbf{e}}_z$
- Ferromagnetic phase: $\langle S_i \rangle_F = \cos\theta \hat{\mathbf{e}}_x + \sin\theta \hat{\mathbf{e}}_z$

The energy of each trial state will be:

$$E_{AF} = -\frac{N\lambda_z}{2}$$
$$E_F = \frac{N\lambda_z \sin^2\theta}{2} - \frac{N\lambda_{\perp} \cos^2\theta}{2} - B_z \sin\theta$$

Phase transitions in the XXZ model

Energy for the *ferromagnetic* state is minimized when:

$$\frac{dE_F}{d\theta} = 0 = \cos\theta [N(\lambda_z + \lambda_\perp)\sin\theta - B_z]$$

- **Z-ferromagnet** for $\theta = \pi/2$
- **Canted XY-ferromagnet** for $\theta = \arcsin \left[\frac{B_z}{N(\lambda_z + \lambda_\perp)} \right]$

z-ferromagnet to xy-ferromagnet

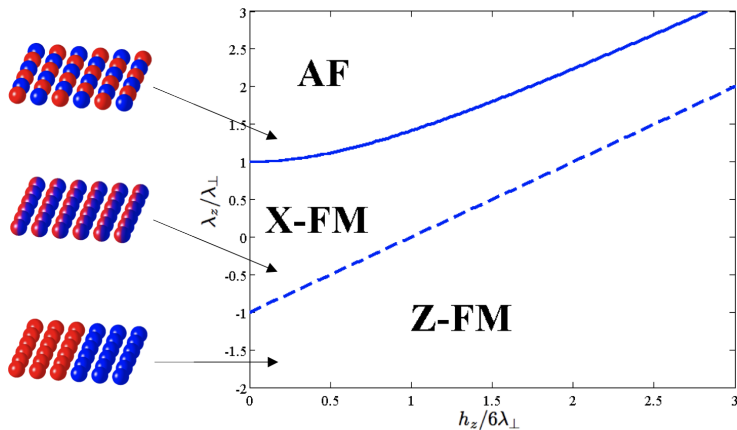
We can calculate the phase diagram by equating the relevant energies:

For the z- to xy-ferromagnet transition:

$$\begin{aligned} E_{ZF} = E_{XYF} \Rightarrow \\ \frac{N\lambda_z}{2} - B_z = \frac{N\lambda_z}{2} \left(\frac{B_z^2}{N^2(\lambda_z + \lambda_\perp)^2} \right) \\ - \frac{N\lambda_\perp}{2} \left(1 - \frac{B_z^2}{N^2(\lambda_z + \lambda_\perp)^2} \right) - \\ - \frac{B_z^2}{N(\lambda_z + \lambda_\perp)^2} \end{aligned}$$

$$B_z = N(\lambda_z + \lambda_\perp)$$

Phase diagram for the XXZ model



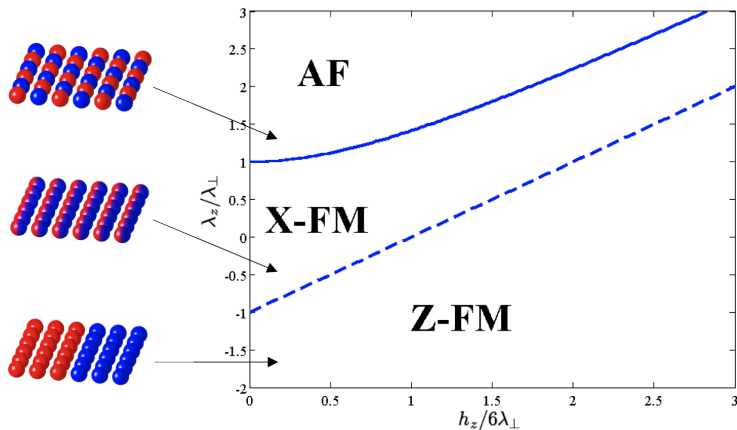
xy-ferromagnet to the antiferromagnet

Similarly for the boundary between the antiferromagnetic and xy-ferromagnetic phases:

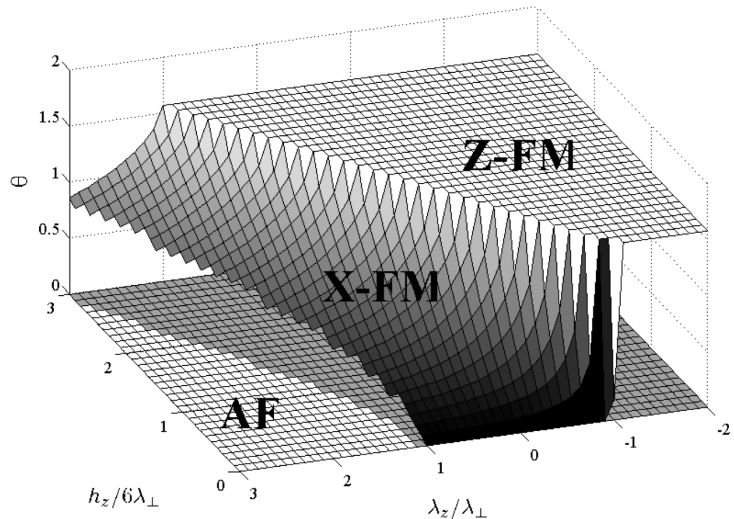
$$\begin{aligned} E_{AF} &= E_{XYF} \Rightarrow \\ -\frac{N\lambda_z}{2} &= \frac{N\lambda_z}{2} \left(\frac{B_z^2}{N^2(\lambda_z + \lambda_\perp)^2} \right) \\ &\quad - \frac{N\lambda_\perp}{2} \left(1 - \frac{B_z^2}{N^2(\lambda_z + \lambda_\perp)^2} \right) - \\ &\quad - \frac{B_z^2}{N(\lambda_z + \lambda_\perp)} \end{aligned}$$

$$B_z^2 = N^2(\lambda_\perp - \lambda_z)^2$$

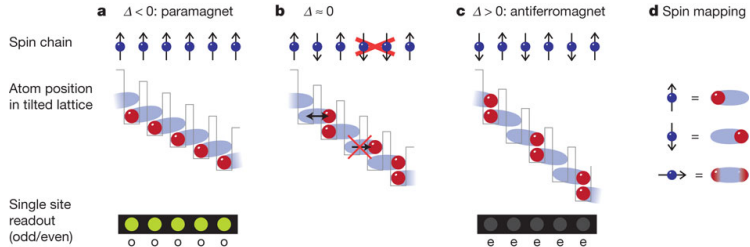
Phase diagram for the XXZ model



Phase diagram for the XXZ model

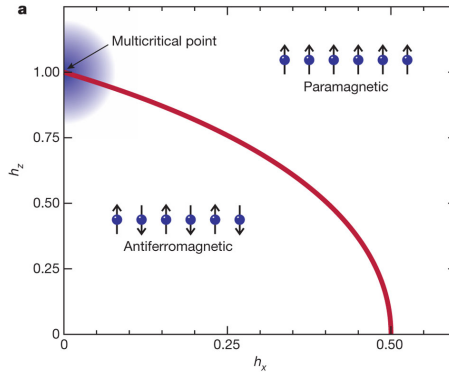


Antiferromagnetic spin chains in a tilted optical lattice



Single-component MI combined with a magnetic field gradient to achieve *resonant tunneling*.

Antiferromagnetic spin chains in a tilted optical lattice



b

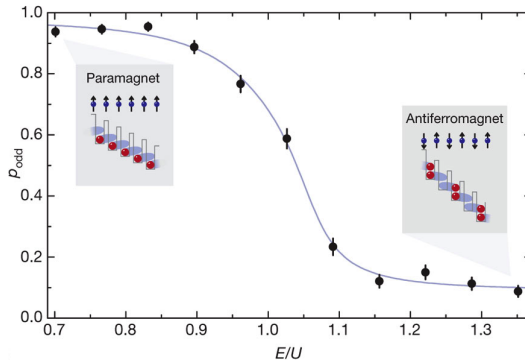
Realizes constraint Drives quantum phase transition

$$H = J \sum_i \underbrace{S_z^i S_z^{i+1}}_{h_z} - (1 - \tilde{\Delta}) \underbrace{S_z^i}_{h_z} - 2^{3/2} \tilde{t} \underbrace{S_x^i}_{h_x}$$

Magnetic fields: Longitudinal Transverse

Antiferromagnetic spin chains in a tilted optical lattice

AFM ordering in the number sector for a single-component MI:



Superexchange interactions in an array of double wells

$$H = \sum_{\sigma=\uparrow,\downarrow} [-J(a_{\sigma L}^{\dagger}a_{\sigma R} + a_{\sigma R}^{\dagger}a_{\sigma L})] - \frac{1}{2}\Delta(n_{\sigma L} - n_{\sigma R}) + U(n_{\uparrow L}n_{\downarrow L} + n_{\uparrow R}n_{\downarrow R})$$

$$H_{\text{eff}} = -J_{\text{ex}}(S_L^+ S_R^- + S_L^- S_R^+) - 2J_{\text{ex}} S_L^z S_R^z \text{ with } J_{\text{eff}} = \frac{2J^2 U}{U^2 - \Delta^2}$$

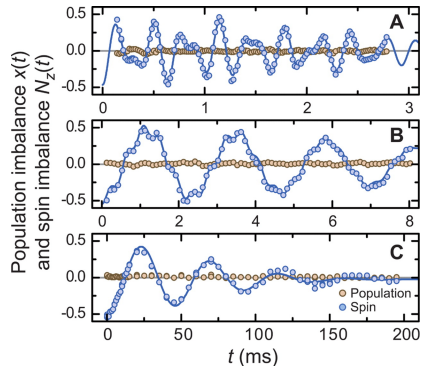
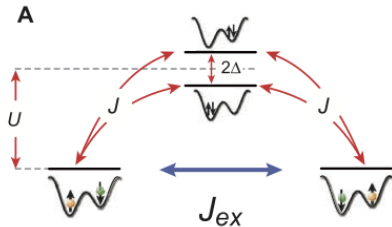
For the spin operators:

$$S_{L,R}^+ = |\uparrow\rangle\langle\downarrow|_{L,R}$$

$$S_{L,R}^- = |\downarrow\rangle\langle\uparrow|_{L,R}$$

$$S_{L,R}^z = (n_{\uparrow L,R} - n_{\downarrow L,R})/2$$

Superexchange interactions in an array of double wells



S. Fölling *et al.*, Nature, **448**, 1029 (2007)

S. Trotzky *et al.*, Science, **319**, 295 (2008)

The necessary ingredients towards quantum magnetism

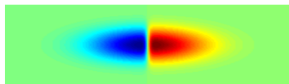
- Thermometry for the Mott state
- Reliable cooling
- Diagnostics of ordering
- Spin-interactions between nearest neighbors

Spin-gradient thermometry in optical lattices

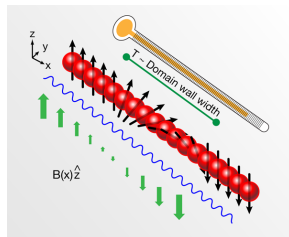
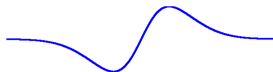
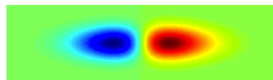
Mean spin $\langle s \rangle$ as a function of position x_i :

$$\langle s \rangle = \tanh \left(-\frac{\Delta\mu_\sigma B(x_i)}{2k_B T} \right)$$

Low T



High T



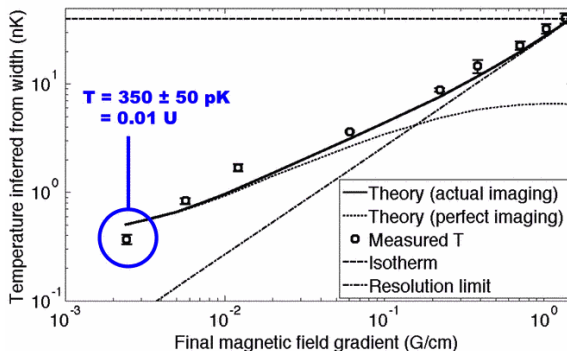
D. M. Weld *et al.*, Phys. Rev. Lett., **103**, 245301 (2009)

A. M. Rey, Physics, **2**, 103 (2009)

$|\uparrow\rangle|\downarrow\rangle$ at the Newspin²



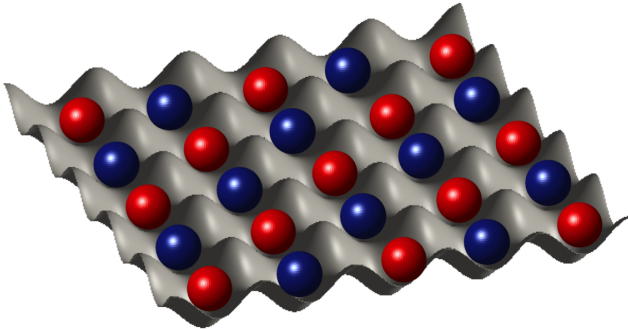
Adiabatic demagnetization cooling



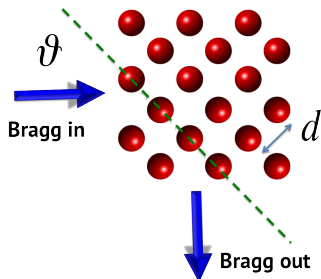
- Record low temperatures for an equilibrated gas
- Entropy redistribution between spin and kinetic degrees of freedom leads to cooling

Bragg scattering from a crystal of ultracold atoms

Antiferromagnet



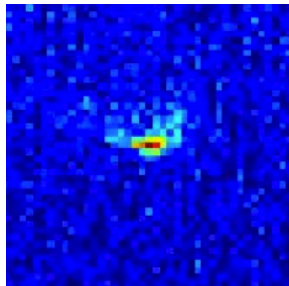
Bragg scattering from a crystal of ultracold atoms



$$n\lambda = 2d\sin\theta$$

$$d = 532\text{nm}, \lambda = 780\text{nm}, \theta = 47^\circ$$

Bragg for $|F = 2, m_F = -2\rangle$

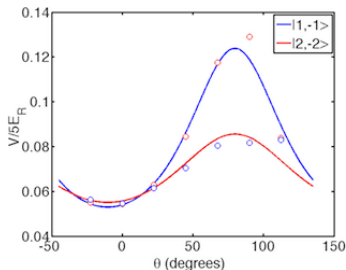
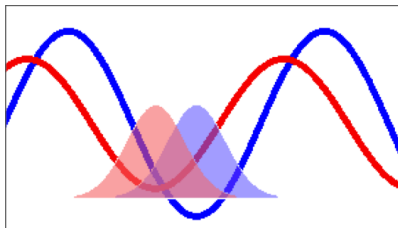


The atoms are in the lowest vibrational state

Spin-dependent lattices

Concept: Control $U_{\uparrow\downarrow}$ by splitting σ_+ and σ_- by $\Delta x = \theta \lambda_x / (2\pi)$.

$$V_+(x, \theta) = V_0^+ \cos^2(k_x x + \theta/2) \text{ and} \\ V_-(x, \theta) = V_0^- \cos^2(k_x x - \theta/2)$$



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